

NATIONAL
DRUG & ALCOHOL
FACTS WEEK

SHATTER THE MYTHS

#NDAFW



The MYTH

Rx drugs are medicine.
How dangerous can
they really be?



The TRUTH

Rx drugs that affect the brain can actually change the way the brain works, making it hard to feel okay without taking the drug, and possibly leading to dependence and addiction if not carefully monitored

Source: NIDA Teen



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The MYTH

My friend says this Rx drug helps her focus for studying



The TRUTH

Prescription stimulants are powerful drugs that change how your brain works. Taking medications not prescribed for you is dangerous, especially when your brain is still developing

Source: SAMHSA

